DISTORTED PERCEPTIONS:
How stigma impacts recovery
A DVD Training Tool

Within the behavioral health system, a very real and powerful phenomenon is at work. It damages therapeutic, professional, and personal relationships, threatens the effectiveness of services and treatment, and often keeps people from seeking *and receiving* the help they need. That phenomenon is **stigma**.

"Distorted Perceptions: How Stigma Impacts Recovery" is designed to prompt meaningful conversation among all those who have been affected by behavioral health issues. In the DVD, persons with lived experience, family members, providers, and administrators share their candid perspectives on the impact of stigma both personally and professionally.

"Distorted Perceptions: How Stigma Impacts Recovery" is an invaluable tool for continuing education in behavioral health and somatic healthcare professions, as well as an excellent resource in undergraduate and graduate school settings.

"Distorted Perceptions: How Stigma Impacts Recovery" was produced by the Anti-Stigma Project of On Our Own of Maryland, Inc. Major funding was provided by the Leonard and Helen R. Stulman Charitable Foundation and the Debra and Joseph Hammen Trust. Additional funding was provided by Maryland's Commitment to Veterans.

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